

RUN START PROCEDURE

- ✓ *INTERVAL RUN START BASED ON ESTIMATED FINISH TIME*
- ✓ *RUNNERS WITH FASTEST ESTIMATED FINISH TIME FOR EACH RACE DISTANCE START AT THE SAME TIME*
- ✓ *RUNNERS START EVERY 3 SECONDS TO PROVIDE SPACING*
- ✓ *RUNNERS SPACE 6' APART HORIZONTALLY AND VERTICALLY*
- ✓ *MASKS ARE NOT REQUIRED IF SOCIAL DISTANCING IS MAINTAINED*

