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## Team Magic, Inc. Return to Racing Guidelines

Team Magic, for over 30 years, has always prided itself in providing a safe, quality and challenging race experience. Our sensitivity to how we return to racing is high, so here is what you can expect from us. *Please note and understand that the knowledge and circumstances around Covid-19 are changing constantly and we will continue to adjust our guidelines to ensure a safe and healthy race environment. Consider these guidelines as “living guidelines,” meaning the included criteria and recommendations are based on known factors at the time of writing. As more information becomes available with regard to COVID-19, these guidelines may be amended and will be released at that time.*

### Our Pledge

Team Magic will set in place the necessary protocol for a safe race environment and will act responsibly by following recommended guidelines for social distancing, hygiene and wearing protective equipment when appropriate. For Return to Racing to be successful, we are asking each participant, whether racer, volunteer or spectator, to do their part by respecting and following the guidelines that are specifically designed to protect the health and well-being of the participants and our host communities.

Please refer to [usatriathlon.org/safe-return](https://usatriathlon.org/safe-return) for the [USA Triathlon Return to Racing Recommendations](#). All participants will be asked to review the [Return to Racing Recommendations for Athletes](#) to ensure their understanding of what will be expected of them in order to participate.

### Key Factors:

**SCREENING:** All racers, volunteers and staff are asked to self-assess their health and present a signed health questionnaire at check-in. If anyone is experiencing a fever of 100+ or symptoms, they are asked to stay home. We will also have temperature checks for staff, volunteers and racers on set up / packet-pick up day, as well as race morning.

Athletes who have experienced symptoms, or live with people who have symptoms, should self-quarantine and not compete in or support events until the following are true:

1. At least three days (72 hours) have passed since recovery
  - a. Recovery is defined as resolution of fever without use of fever-reducing medications and improvement in respiratory symptoms, e.g. cough, shortness of breath, etc. AND
2. At least ten (10) days have passed since symptoms first appeared.

**SANITATION:** Team Magic will do the following.

- Post ample signage on-site encouraging regular hand washing, sanitizing and social distancing
- Have hand washing and sanitizing stations readily available and ample trash receptacles placed around event venue
- Regularly clean high touch point areas
- Require athletes, staff, volunteers, officials, and spectators to stay home if they are feeling ill
- Discourage use of other people's equipment, phones, tools, etc.
- Discourage physical contact, including but not limited to, high five's, hugs, and hand shakes
- Increase the number of portable toilets and spacing between each unit
- Control usage of indoor restroom facilities to maintain social distancing

**course considerations:** From start to finish, social distancing guidelines will be observed and enforced. Groups will be discouraged from congregating and participant traffic will be designed to flow in one direction.

**Masks and social distancing for racers:** Outside of racing, racers are asked to wear a face mask at the race site when social distancing cannot be maintained.

**Packet Pick Up** - Race packet pick up will take place using a controlled check in point, one-way flow, and social distancing markers. All staff or volunteers will be required to wear a face mask.

**Transition** – Bikes will be spaced on bike racks to accommodate social distancing guidelines.

**Swim** – Participants will line up according to social distancing guidelines and start the race in a time trial fashion - entering the water one at a time. There will be face masks available for those racers that choose to do a pre-race swim warm up.

**Bike** – The interval swim start spacing extends to better spacing on the bike course, and the flow in transition will flow in one direction so that racers do not cross paths. There will be no aid stations on the bike course. Racers will be advised to bring their own hydration.

**Run** – The interval swim start spacing extends to better spacing on the bike course, and the flow in transition will flow in one direction so that racers do not cross paths.

**Finish Line** – Participants will not be allowed to congregate in the finish line area. A minimal number of volunteers will be available to distribute a bottle of water and direct participants to a social distance friendly area where they can pick up grab & go post-race food.

**Aid Stations** – Participants will be encouraged to bring their own water and other hydration. Aid stations will be available on the run course with self-serve bottles of water and Powerade, under the supervision of two staff members or volunteers.

**Post Race** – There will be no post-race party or awards ceremony. Food and drink will be available as grab & go under volunteer supervision to ensure social distancing measures are followed.

**Race Results** – Racers will be sent a link to find race results. Arrangements to receive awards will be communicated directly to racers.