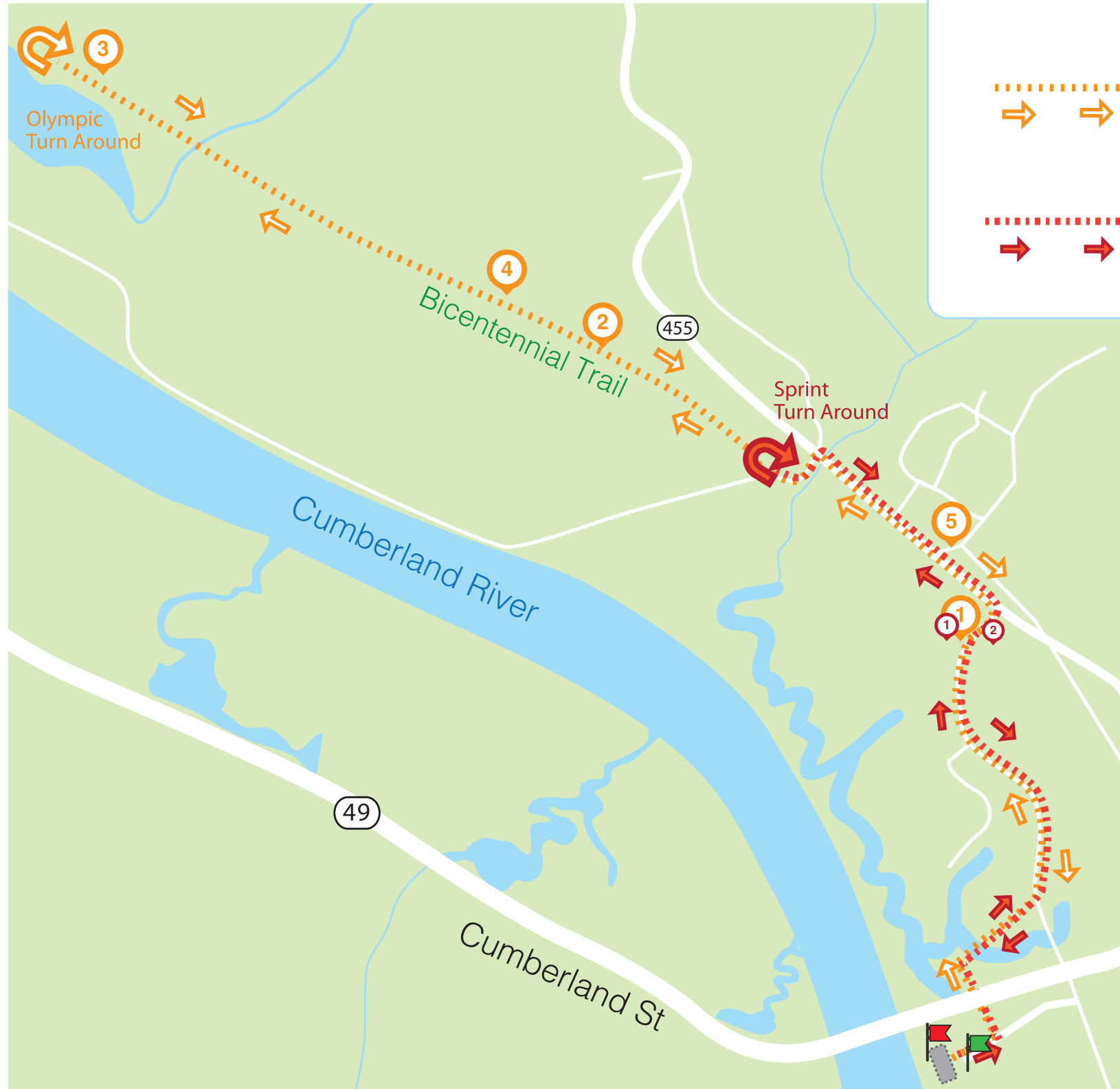




RUN COURSE MAP



RUN KEY

	Olympic 6.2 miles		Olympic mile marker		Transition
	Sprint 3.1 miles		Sprint mile marker		Start
					Finish

The run takes you out to the Cumberland River Bicentennial Trail where you'll be surrounded by the sounds of nature and color of wildflowers. The Bicentennial Trail is flat and shaded, making it an ideal course for the run.

ELEVATION (ft)

