

CHATTANOOGA WATERFRONT TRIATHLON SWIM COURSE: Sprint (400 meters | 0.25 miles) / Intermediate (1500 meters)



SPRINT COURSE



OLYMPIC COURSE



Swim Course Description:

- Everyone must wear provided swim cap; Swim cap colors distinguish race distance
- A special cap color will be offered to anyone desiring special attention

SPRINT (0.25 MILES | 400 METERS) / INTERMEDIATE (1500 METERS)

- Sprint Start on boat dock between (under) the Market Street & Walnut Street Bridges (Walk to Start)
- Olympic Start 1500 meters upstream at the Mankier Patten Tennis Center Dock (Walk to Start or take Shuttle)
- Point-to-Point Swim down stream, with river current
- 2021 Start by Category & Estimated Swim Time: 1. Clydesdale & Athena, 2. General Age Group, 3. Relay & AquaBike
- Buoys will mark course approximately every 100 meters - keep buoys on your RIGHT, swimming between buoys and shore - **Except keep final turn buoy on your left before exit**
- Exit the river at stairs, just below the main staging area
- Follow concrete stairs up hill to race transition area across Riverfront Parkway to Transition