



## TRANSITION FLOW & LAYOUT

flow to bike out

- See below for flowing from swim, to bike, to run between the bike racks.

flow to run out

- The transition area is designed so racers travel the same distance in total.

- Run in from Swim & Return from Bike Course on the Recreation Center Side.

- Bike out toward tennis courts first, then around cones to exit the parking lot.

- Run toward Senior Center to exit transition to start run

- Bike racks are assigned by bib numbers & all rows marked to help you find your bike rack as you transition from swim to bike and bike to run



*Bike Check In  
Entrance for  
Friday & Sat*



*Race Day EXPRESS  
Entrance  
For Friday  
Checked In Bikes*

