

Coastal Half Marathon Course



AID STATIONS*

- Aid A = 3.00 mi
- Aid B = 5.75 mi
- Aid C = 7.75 mi
- Aid D = 10.25 mi
- Aid E = 12.0 mi

*Powerade & Water Only - No Gels

RESTROOMS:

- ◆ Locker Room at North Field
- ◆ Locker Room at South Field
- ◆ After Mi 2 on Gulf Oak Ridge Trail
- ◆ Before mile 6 at Rosemary Dunes
- ◆ Near mile 8 on Back Country Trail
- ◆ Between mile 9 & 11



COURSE TURNS:

Counter Clockwise Course
 Loop with one short out-and-back before mile 3

- START: Sportsplex drive - west of Sports Fields
- RIGHT: Gulf Oak Ridge Trail
- RIGHT: 0.1 mi north to Turn Around on SP2
- TA: Turn Around on SP2, then go south
- LEFT: E. Beach Blvd.
- LEFT: Rosemary Dunes Trail
- RIGHT: Catman Trail
- RIGHT: Cotton Bayou Trail
- LEFT: Sidewalk at Hwy 161
- LEFT: Rattlesnake Ridge Trail Extension
- LEFT: Continue Rattlesnake Ridge Trail
- RIGHT: Twin Bridges Trail
- FINISH: At same location as Start

COURSE NOTES:

- > Travel Counter Clockwise
- > Go right from trail to turn around on SP2 before mile 3, short out-and-back
- > Run to your RIGHT on SP2 Southbound
- > Use sidewalk across bridge after mile 4
- > RUN AGAINST Traffic in BIKE /RUN Lane inside cones on E. Beach Blvd (btw Mi 4.5-6)
- > RUN ON SIDEWALK: from Cotton Bayou trail exit left along Hwy 161