**RUN NOTES**

Cones separate runners from traffic lanes completely until Olympic Distance turn around.

A 2nd set of cones to Tri-It-On Distance turn around splits runners to keep Runners **RIGHT** of cones going out and returning.

On return, runners turn **LEFT** from Beach Blvd onto the Boardwalk east of the Pink Pony Pub, proceed between the beach and The Hangout, then turn **RIGHT** into Gulf Place Main Entrance boardwalk to **FINISH** just west of The Hangout.

Intermediate complete a **TURN AROUND** on W. Beach between bike return to **FINISH** & bike exit from transition

Orange cones will separate bikes taking 2nd loop from bikes starting. Green cones will split the bike turnaround.

This area has **NO CAR** traffic and has 5 lanes of road, so plenty of room for the turn around, bikes finishing and bikes starting

Bikes Return to **Transition Area** **RIGHT** at W. 1st Street