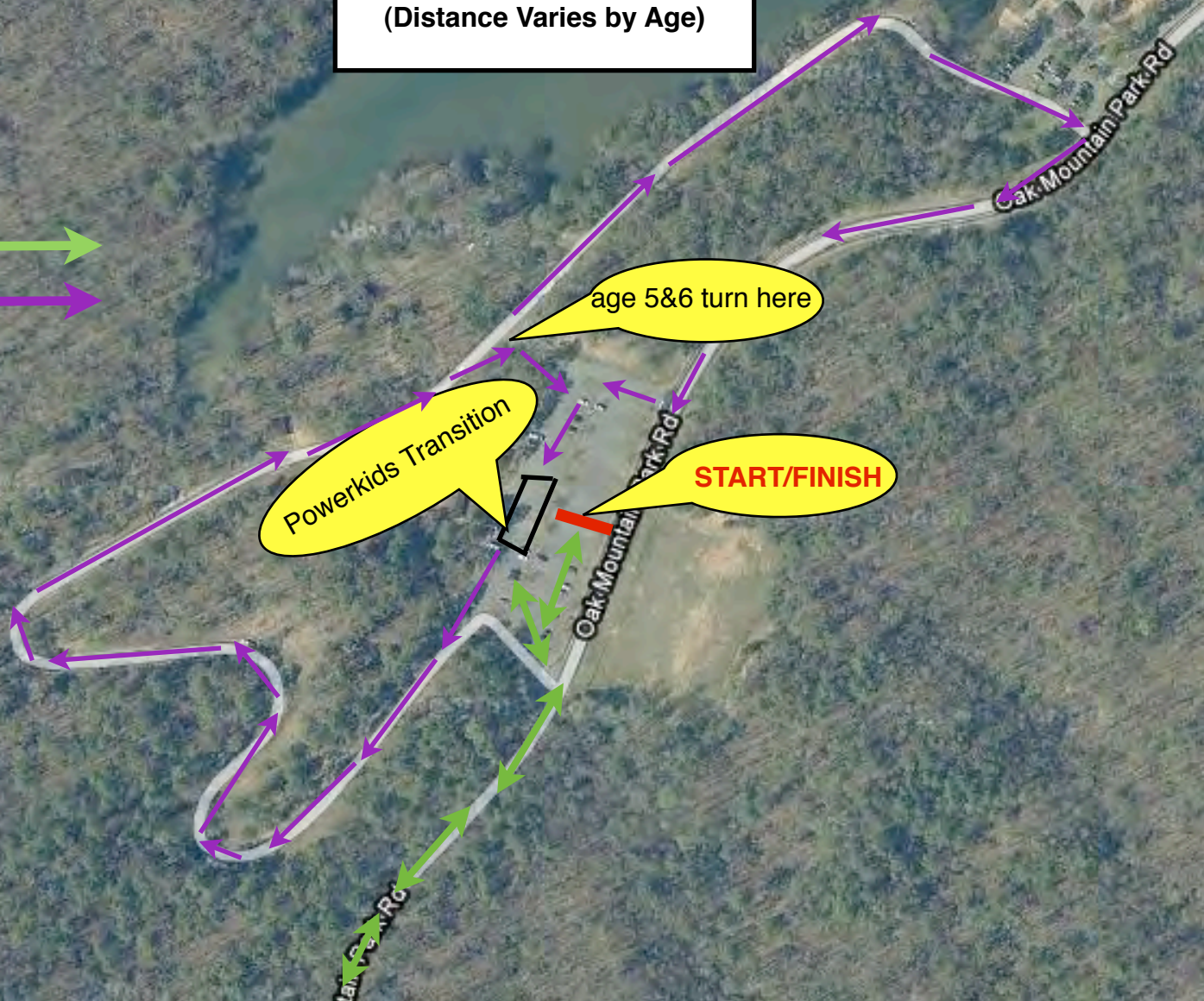


**Powerkids Duathlon
(Distance Varies by Age)**

RUN →
BIKE →



Powerkids Transition

age 5&6 turn here

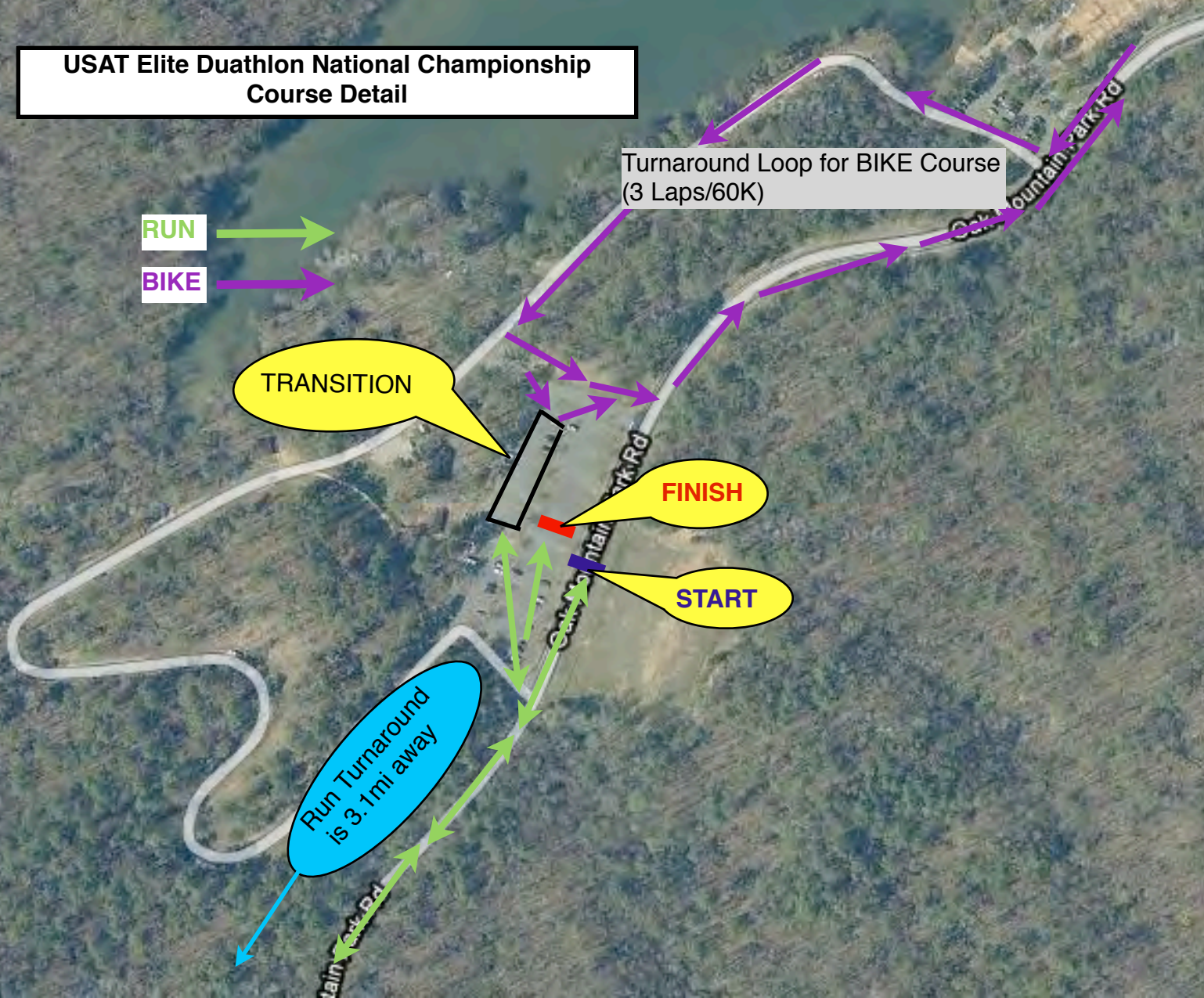
START/FINISH

Oak Mountain Park Rd

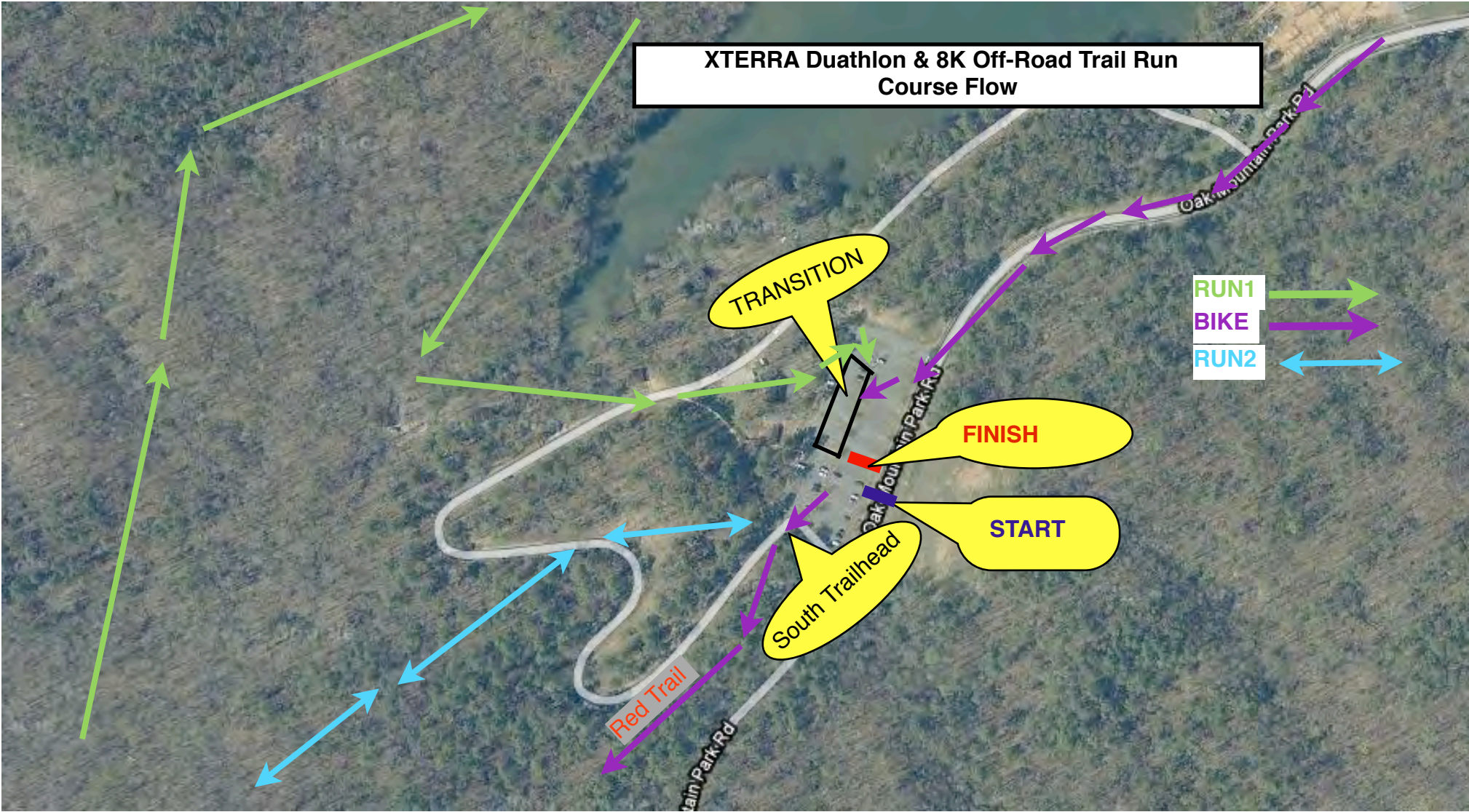
Oak Mountain Park Rd

Oak Mountain Park Rd

**USAT Elite Duathlon National Championship
Course Detail**



**XTERRA Duathlon & 8K Off-Road Trail Run
Course Flow**



- RUN1** →
- BIKE** →
- RUN2** ↔